



5 PRUEBA COPA D'ASTURIAS 2016

NEMBRA



Pos	Cat	Dorsal	T. Carrera	T. Interm.	Pos. Interm.	A Meta	Ritmo	Nombre	Apellidos	Categoría	Club	Dif Cat
JUNIOR MASCULINO												
1		37	05:33:39	03:36:21	16	01:57:18	07:56	MANUEL	GONZALEZ ARIAS	JUNIOR M	A.D. MOAL	00:00:00
2		164	06:43:13	04:10:07	46	02:33:05	09:36	ALVARO	ESCANDON ARENAS	JUNIOR M	LOS URRIELES	09:33:00
SUB-23 MASCULINO												
1		9	04:56:43		107		07:03	DAVID	DIAZ LÓPEZ	SUB-23 M	LOS URRIELES	00:00:00
SENIOR FEMENINO												
1		146	06:20:23	04:09:31	44	02:10:51	09:03	RAQUEL	SANTOVEÑA CRESPO	SENIOR F	G.M. REINO ASTUR	00:00:00
2		131	06:57:31	04:35:03	74	02:22:28	09:56	CRISTINA	RUIZ LORCA	SENIOR F	G.M. REINO ASTUR	37:08:00
3		55	07:51:12	04:46:46	83	03:04:26	11:12	ANA	GONZALEZ GARCIA	SENIOR F	CORRIENDO X MORCIN	30:48:00
SENIOR MASCULINO												
1		3	04:40:49	03:00:58	1	01:39:50	06:41	RAÚL	CÁMARA PÉREZ	SENIOR M	MIZUNO SOLORUNNERS	00:00:00
2		156	04:46:54		106		06:49	JUAN JOSE	GARCIA GARCIA	SENIOR M	INDEPENDIENTE	06:04:00
3		118	04:50:05	03:08:41	5	01:41:24	06:54	MIGUEL ANGEL	GONZALEZ BLANCO	SENIOR M	C.D. PICU DUBIL	09:16:00
4		2	04:53:38	03:06:35	4	01:47:03	06:59	SAMUEL	OBAYA FERNANDEZ	SENIOR M	TEAM OBAYA	12:48:00
5		91	04:53:39	03:11:30	6	01:42:09	06:59	PABLO	BAISON GUIJAS	SENIOR M	S.M. GRUPO COVADONGA	12:49:00
6		51	05:02:52	03:12:29	7	01:50:23	07:12	ALBERTO	FERNÁNDEZ PALACIO	SENIOR M	C.D. RELIEVE	22:03:00
7		13	05:03:30	03:20:36	10	01:42:53	07:13	JUAN	FUEGO MARTINEZ	SENIOR M	CLUB AVIENTU SOLORUNNERS	22:40:00
8		4	05:04:20	03:14:04	8	01:50:16	07:14	DAVID	VAZQUEZ IGLESIAS	SENIOR M	C.M. OXIGENO	23:31:00
9		39	05:30:44	03:27:33	11	02:03:10	07:52	SERGIO	ALVAREZ HERRERO	SENIOR M	CDM Alto Sil	49:54:00
10		58	05:33:42	03:34:30	13	01:59:12	07:56	MARCOS	ARIJITA SÁNCHEZ	SENIOR M	XENDASTUR	52:52:00
11		168	05:42:00	03:40:01	18	02:01:58	08:08	GABRIEL	MARTINEZ OTERO	SENIOR M	LOS URRIELES	01:10:00
12		66	05:43:56	03:36:08	15	02:07:48	08:11	EMILIO	AFONSO CUESTA	SENIOR M	CLUB CORRER ASTURIAS	03:07:00
13		101	05:44:32	03:30:22	12	02:14:10	08:12	JOSE ENRIQUE	GARCIA ALONSO	SENIOR M	CLUB AVIENTU SOLORUNNERS	03:43:00
14		169	05:50:50	03:45:22	20	02:05:27	08:21	LUIS MARIANO	GONZALEZ MONGES	SENIOR M	C.D. ESPORTATE	10:00:00
15		94	05:51:59	03:40:17	19	02:11:42	08:22	DANIEL	MARTIN CADENAS	SENIOR M	C.D. RELIEVE	11:09:00
16		113	05:53:11	03:47:33	23	02:05:37	08:24	OSCAR	MARTIN GOMEZ	SENIOR M	AGOSTI XTREME	12:21:00
17		36	05:57:44	03:47:22	22	02:10:22	08:31	JESÚS	CARRERA GAYOL	SENIOR M	C.D. RELIEVE	16:55:00
18		103	06:06:24	03:50:50	25	02:15:34	08:43	JUAN MANUEL	ARECHAGA RODRÍGUEZ	SENIOR M	G.M. MOSCON-MUEVE-T	25:34:00
19		112	06:08:05	03:53:36	29	02:14:28	08:45	GORKA	APARCIO	SENIOR M	CLUB AVIENTU SOLORUNNERS	27:15:00
20		115	06:10:27	03:47:14	21	02:23:12	08:49	JAVIER	AMIEVA REMIS	SENIOR M	ALTITUD A.D.	29:37:00
21		83	06:11:10	03:53:15	28	02:17:55	08:50	ALEJANDRO	MARTINEZ ALVAREZ	SENIOR M	CORRIENDO X MORCIN	30:21:00
22		172	06:14:12	04:03:58	39	02:10:13	08:54	ADRIAN	OUBEL SUAREZ	SENIOR M	C.D. PICU DUBIL	33:22:00
23		5	06:20:25	03:59:32	33	02:20:53	09:03	ARTURO	MIER MIER	SENIOR M	LOS URRIELES	39:35:00
24		41	06:23:46	04:08:17	42	02:15:28	09:08	JOSE RAMON	VENCELLES GARCIA	SENIOR M	CLUB AVIENTU SOLORUNNERS	42:56:00
25		57	06:23:50	03:54:05	30	02:29:45	09:08	ROSENDO	DE LA GUERRA ESCALADAS	SENIOR M	INDEPENDIENTE	43:01:00
26		126	06:24:02	04:01:29	37	02:22:33	09:08	JESUS	ZAPICO RICUARTE	SENIOR M	G.M. REINO ASTUR	43:13:00
27		148	06:29:48	04:04:06	40	02:25:42	09:16	ALFREDO	GONZALEZ GONZALEZ	SENIOR M	G.M. ULTRA	48:59:00
28		121	06:42:00	04:08:51	43	02:33:08	09:34	JAIME	GARCIA GONZALEZ	SENIOR M	CORRIENDO X MORCIN	01:10:00
29		132	06:44:25	04:18:32	54	02:25:52	09:37	RAUL	FERNANDEZ VELASCO	SENIOR M	G.M. REINO ASTUR	03:35:00
30		147	06:44:42	04:18:44	55	02:25:58	09:38	CARLOS	CABEZA SANCHEZ	SENIOR M	CLUB CORRER ASTURIAS	03:52:00



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Pos	Cat	Dorsal	T. Carrera	T. Interm.	Pos. Interm.	A Meta	Ritmo	Nombre	Apellidos	Categoría	Club	Dif Cat
31		107	06:47:16		111		09:41	JONATHAN	MARTÍN CARRILLO	SENIOR M	C.D. RELIEVE	06:27:00
32		171	06:48:13	04:16:17	50	02:31:56	09:43	FERNANDO	LÓPEZ MENÉNDEZ	SENIOR M	LANGREO TRAIL TEAM	07:24:00
33		117	06:53:00	04:21:36	58	02:31:23	09:49	RUBEN	REY FERNANDEZ	SENIOR M	LANGREO TRAIL TEAM	12:10:00
34		47	06:53:51	04:11:21	48	02:42:30	09:51	FABIAN	IGLESIAS LOPEZ	SENIOR M	C.M. OXIGENO	13:02:00
35		141	07:05:05	04:16:28	51	02:48:37	10:07	ALBERTO	RODRIGUEZ GONZALEZ	SENIOR M	G.M. REINO ASTUR	24:16:00
36		143	07:07:16	04:24:32	63	02:42:44	10:10	DAVID	ARGÜELLES FERNANDEZ	SENIOR M	G.M. REINO ASTUR	26:26:00
37		105	07:18:29	04:17:53	53	03:00:35	10:26	DANIEL	MENÉNDEZ AGUDO	SENIOR M	C.D. RUN 04	37:39:00
38		129	07:20:47	04:40:24	76	02:40:23	10:29	SILVERIO	FERREIRA FERNANDEZ	SENIOR M	G.M. REINO ASTUR	39:58:00
39		144	07:20:48	04:45:25	82	02:35:22	10:29	JOSE FRANCISCO	MARTIN SERANTES	SENIOR M	G.M. REINO ASTUR	39:58:00
40		128	07:25:04	04:31:44	70	02:53:20	10:35	NOEL	RODRIGUEZ DIAZ	SENIOR M	G.M. REINO ASTUR	44:15:00
41		133	07:25:04	04:31:41	69	02:53:23	10:35	JESUS	SOLIS FERNANDEZ	SENIOR M	G.M. REINO ASTUR	44:15:00
42		70	07:30:27	04:41:31	77	02:48:56	10:43	JAVIER	SUÁREZ RODRÍGUEZ	SENIOR M	RAZASTUR XTREME	49:38:00
43		166	07:32:00	04:23:29	61	03:08:31	10:45	HÉCTOR	RABANAL VEGAS	SENIOR M	LANGREO TRAIL TEAM	51:11:00
44		155	07:32:42	04:22:12	59	03:10:30	10:46	ULISES	GARZON DÍAZ	SENIOR M	CUMBRE LLANGREU	51:52:00
45		26	07:39:38	04:48:56	85	02:50:41	10:56	MIGUEL	MADRID FERNÁNDEZ	SENIOR M	Club Atletismo Las Rozas Miacum	58:48:00
46		23	07:39:52	04:48:59	86	02:50:52	10:56	JUAN	PEREDA GRANADOS	SENIOR M	Club Atletismo Las Rozas Miacum	59:02:00
47		99	07:45:16	04:53:32	96	02:51:43	11:04	PABLO	HERNANDEZ ACERO	SENIOR M	INDEPENDIENTE	04:26:00
48		160	07:45:58	04:45:12	81	03:00:46	11:05	DAVID	RODRIGUEZ FERNANDEZ	SENIOR M	DEPORTES ML BLACK	05:08:00
49		138	07:49:22	04:56:28	99	02:52:53	11:10	JUAN JOSE	MENDEZ DIZ	SENIOR M	G.M. REINO ASTUR	08:32:00
50		56	07:50:47	04:51:00	93	02:59:46	11:12	RAUL	MANZANAL CUESTA	SENIOR M	G.M. ENSIDESA/AVILES-CAFÉS TOSCAF	09:57:00
51		49	08:00:41	05:00:36	103	03:00:05	11:26	ALEJANDRO	GONZALEZ FERNANDEZ	SENIOR M	CLUB AVIENTU SOLORUNNERS	19:51:00
52		119	08:00:56	04:59:47	102	03:01:09	11:26	ISMAEL	DEVESA RODRÍGUEZ	SENIOR M	INDEPENDIENTE	20:06:00

VETERANAS A FEMENINO

1	10	06:53:31	04:25:23	65	02:28:08	09:50	ESTHER	BELLO ESCLARÍN	VETERANAS A	C.D. RELIEVE	00:00:00
2	7	07:04:26	04:24:22	62	02:40:03	10:06	DESIREE	RODRIGUEZ CADAVIECO	VETERANAS A	Labaru Trail	10:55:00
3	33	07:25:06	04:42:26	78	02:42:40	10:35	MARÍA JESÚS	EXPÓSITO ÁLVAREZ	VETERANAS A	C.D. ESPORTATE	31:35:00
4	38	07:30:27	04:45:10	80	02:45:17	10:43	SONIA	RUBIO SANCHEZ	VETERANAS A	INDEPENDIENTE	36:55:00
5	161	08:00:44		114		11:26	OLVIDO	ESTRADA MONTES	VETERANAS A	CLUB AVIENTU SOLORUNNERS	07:13:00
6	125	08:00:54	04:50:05	92	03:10:49	11:26	EVA	LAVANDERA FERNANDEZ	VETERANAS A	C.D. PILOÑA DEPORTE	07:23:00

VETERANOS A MASCULINO

1	163	04:46:03	03:04:12	2	01:41:51	06:48	MANUEL	CABALLERO MOLINA	VETERANOS A	INDEPENDIENTE	00:00:00
2	6	04:59:02	03:05:37	3	01:53:25	07:07	SANTIAGO	OBAYA	VETERANOS A	TEAM OBAYA	12:58:00
3	116	05:10:13	03:14:37	9	01:55:36	07:23	MIGUEL ANGEL	RODRIGUEZ GUTIERREZ	VETERANOS A	C.D. XENTE CORRENDERA	24:09:00
4	93	05:42:33	03:38:48	17	02:03:44	08:09	JUAN	BULNES SANCHEZ	VETERANOS A	G.M. PICU PIENZU-LA FUENTE	56:29:00
5	71	06:03:08	03:53:13	27	02:09:54	08:38	ARSENIO JOSE	SUAREZ RODRIGUEZ	VETERANOS A	G.M. SAN BERNARDO	17:04:00
6	27	06:09:36	03:59:46	35	02:09:50	08:48	ALBERTO	GARCIA RAMOS	VETERANOS A	TEAM OBAYA	23:33:00
7	102	06:10:08	03:54:34	31	02:15:33	08:48	ORLANDO	MARTÍNEZ SUAREZ	VETERANOS A	C.M. OXIGENO	24:04:00
8	73	06:12:02	03:47:44	24	02:24:17	08:51	ALEJANDRO	MENENDEZ SUAREZ	VETERANOS A	Evasion Mallorca Trail	25:58:00
9	110	06:14:30	03:59:53	36	02:14:36	08:54	PABLO	ÁLVAREZ HUERGO	VETERANOS A	TEAM OBAYA	28:26:00
10	92	06:18:22	03:34:50	14	02:43:32	09:00	JOSE ANTONIO	PANDO SANCHEZ	VETERANOS A	C.D. RELIEVE	32:19:00
11	158	06:22:03	03:53:00	26	02:29:02	09:05	HERMOGENES	ALONSO MEGIDO	VETERANOS A	@NOTEOXIDES	35:59:00
12	162	06:23:45	04:04:25	41	02:19:20	09:08	JOSE BLAS	MARTINEZ ANTUÑA	VETERANOS A	CLUB AVIENTU SOLORUNNERS	37:42:00



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Pos	Cat	Dorsal	T. Carrera	T. Interm.	Pos. Interm.	A Meta	Ritmo	Nombre	Apellidos	Categoría	Club	Dif Cat
13		104	06:23:46	03:59:35	34	02:24:11	09:08	FRANCISCO	GARCIA HUERGO	VETERANOS A	CLUB AVIENTU SOLORUNNERS	37:42:00
14		159	06:30:26		109		09:17	FRANCISCO DE ASIS	PEREZ FERNANDEZ	VETERANOS A	S.M. CENTRO ASTURIANO DE OVIEDO	44:22:00
15		165	06:42:00		110		09:34	RUFI	GONZÁLEZ ÁLVAREZ	VETERANOS A	CORRIENDO X MORCIN	55:56:00
16		48	06:42:42	04:14:51	49	02:27:51	09:35	DANI MUÑEKO	FEITO SUÁREZ	VETERANOS A	LANGREO TRAIL TEAM	56:38:00
17		150	06:49:55	03:59:26	32	02:50:29	09:45	JOSE MANUEL	SANTAMARIA RODRIGUEZ	VETERANOS A	INDEPENDIENTE	03:52:00
18		90	06:53:45	04:10:11	47	02:43:33	09:50	JAVIER	MONZÓN SALINERO	VETERANOS A	INDEPENDIENTE	07:41:00
19		78	06:57:30	04:16:50	52	02:40:40	09:56	JOSÉ CARLOS	CORTE CUETO	VETERANOS A	LANGREO TRAIL TEAM	11:27:00
20		88	06:59:14	04:21:29	57	02:37:45	09:58	LUIS FERNANDO	RODRIGUEZ VELEZ	VETERANOS A	CLUB CORRER ASTURIAS	13:11:00
21		22	07:03:57	04:03:22	38	03:00:35	10:05	FRANCISCO JAVIER	PIQUERO ALVAREZ	VETERANOS A	C.D. RUN 04	17:54:00
22		87	07:19:44	04:49:09	88	02:30:35	10:27	JESUS IVAN	RODRIGUEZ	VETERANOS A	INDEPENDIENTE	33:41:00
23		54	07:20:18	04:29:14	67	02:51:04	10:28	JOSÉ EDMUNDO	RODRIGUEZ RICO	VETERANOS A	C.M. OXIGENO	34:15:00
24		21	07:23:02	04:42:42	79	02:40:19	10:32	JORGE	REDONDO RODRIGUEZ	VETERANOS A	C.D. ESPORTATE	36:58:00
25		89	07:23:41	04:29:43	68	02:53:58	10:33	CÉSAR	FERNÁNDEZ ACEBAL	VETERANOS A	LUDO AVENTURA	37:37:00
26		98	07:26:12	04:25:24	66	03:00:48	10:37	PEPE	CÁCERES MEDINA	VETERANOS A	INDEPENDIENTE	40:09:00
27		74	07:27:36	04:49:28	89	02:38:07	10:39	CARLOS	ELORZA VERGARA	VETERANOS A	G.M. PEÑA SANTA	41:32:00
28		80	07:28:54	04:24:39	64	03:04:15	10:41	JORGE	CANTELI MONTES	VETERANOS A	LANGREO TRAIL TEAM	42:51:00
29		35	07:32:00	04:39:17	75	02:52:43	10:45	LUIS ANGEL	BENITEZ RODRIGUEZ	VETERANOS A	LANGREO TRAIL TEAM	45:56:00
30		140	07:32:37		112		10:46	MARCO ANTONIO	SAN JUAN GARCIA	VETERANOS A	G.M. REINO ASTUR	46:33:00
31		120	07:32:38	04:23:00	60	03:09:38	10:46	RAFA	GARCÍA MORI	VETERANOS A	XENDASTUR	46:35:00
32		24	07:39:52	04:49:04	87	02:50:48	10:56	CARLOS	GINER FERNÁNDEZ	VETERANOS A	C.D. E. La Pedriza del Manzanares	53:48:00
33		32	07:45:47	04:55:39	98	02:50:08	11:05	AVELINO	MENDO GORDILLO	VETERANOS A	C.D. ESPORTATE	59:43:00
34		173	07:46:43	04:49:47	90	02:56:56	11:06	ISMA	LADA MARTINEZ	VETERANOS A	TURON TRAIL RUNNING	00:40:00
35		154	07:46:45	04:49:49	91	02:56:56	11:06	LUIS ALBERTO	HINOJAL FERNÁNDEZ	VETERANOS A	TURON TRAIL RUNNING	00:41:00
36		153	07:46:55	04:53:26	95	02:53:28	11:06	SERGIO	LOPEZ RUA	VETERANOS A	TEAM OBAYA	00:51:00
37		64	07:47:47	04:54:25	97	02:53:22	11:08	JUAN JOSE	ALLENDE GONZALEZ	VETERANOS A	G.M. ENSIDESA/GIJON	01:43:00
38		12	07:59:19		113		11:24	GUY	NICHOLASS	VETERANOS A	CLUB CORRER ASTURIAS	13:15:00

VETERANAS A FEMENINO

1	1	06:47:07	04:18:57	56	02:28:09	09:41	ANA CRISTINA	AGUADO MORI	VETERANAS B	G.M. REINO ASTUR	00:00:00
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VETERANOS B MASCULINO

1	151	05:56:40	02:48:05	108		08:29	ANTONIO	AZA ÁLVAREZ	VETERANOS B	G.M. REINO ASTUR	00:00:00
2	108	06:42:30	04:09:55	45	02:32:35	09:34	FÉLIX JOSÉ	GARCÍA FERNÁNDEZ	VETERANOS B	C.D. ESPORTATE	45:49:00
3	122	07:22:31	04:32:21	72	02:50:10	10:32	JOSE ANTONIO	GUTIERREZ MERE	VETERANOS B	CLUB AVIENTU SOLORUNNERS	25:50:00
4	135	07:25:04	04:31:45	71	02:53:19	10:35	JUAN CARLOS	VICENTE LOPEZ	VETERANOS B	G.M. REINO ASTUR	28:24:00
5	136	07:25:06	04:33:58	73	02:51:07	10:35	ALBERTO	GONZALEZ MENENDEZ	VETERANOS B	G.M. REINO ASTUR	28:25:00
6	34	08:01:22	04:51:03	94	03:10:18	11:27	ROBERTO	EXPOSITO ALVAREZ	VETERANOS B	C.D. ESPORTATE	04:41:00